

Ingredients

Quantity	Measure	Ingredients
1000	Grammes	Coconut Desiccated
100	Grammes	Ghee
1000	Grammes	Sugar
600	ML.	Water

Method

Prepare syrup with sugar and water to 2 1/2 thread consistency. - Read Kitchen Tips: [Sugar Syrup.](#)

Warm coconut in heavy saucepan, pour in the syrup. - Stir well and cook till soft lump forms. - Spread flat on a greased plate. Cool. - Sprinkle cardamom powder (optional). - Cut into squares, store in airtight container.