



It grows wild in most of the [tropics](#) and is considered a [weed](#) in many places; its native range is not well known but probably [South Asia](#) [S](#)

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In Konkani we call it Taikulo. In Marathi it is Takala.

Its leaves, seeds, and root are used in [folk medicine](#), primarily in [Asia](#). It is believed to possess a [laxative](#) effect, as well as to be beneficial for the eyes. As a folk remedy, the seeds are often roasted, then boiled in water to produce a tea. The plant's seeds are a commercial source of [cassia gum](#), a food additive usually used as a thickener and named for the Chinese Senna's former placement in the genus

[Cassia](#)

. Roasted and ground, the seeds have also been used as a substitute for [coffee](#)

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[traditional Korean medicine](#)

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http://en.wikipedia.org/wiki/Senna_obtusifolia