

Ingredients

Quantity	Measure	Ingredients	Description
3	Kilogram	Beetroots	
3	Nos	Lime (fresh)	
3	Nos	Orange	sweet
2.5	Kilogram	Sugar	
A	Little	Yeast - dry	

Method

1. Scrape the beetroots, and boil them and grind them in hot water.
2. Add six bottles of warm water - 2.5 kg sugar and beat it.
3. Add the lime juice and the sweet orange juice and mix well.
4. Add yeast, mixed in a little warm water.
5. Keep for 21 days, and stir every 4 days.

One caterer, said, that a better result is obtained, if kept for forty days, and stirred once a week.