

Memorare (Remember, O Most Gracious Virgin Mary) is a Roman Catholic prayer seeking the intercession of the Blessed Virgin Mary.

Memorare, from the Latin "Remember"; was popularized in the 17th-century by Father Claude Bernard, who stated that he learned it from his own father. It first appears as part of a longer 15th-century prayer, "Ad sanctitatis tuae pedes, dulcissima Virgo Maria."

The modern version is taken from that indulgenced by Pope Pius IX in 1846, St. Francis de Sales fell victim to the religious turmoil of his age. In his distress over the uncertain fate of his soul he cried out to God, "Whatever happens, Lord, may I at least love you in this life if I cannot love you in eternity."

On his knees before a statue of the Blessed Virgin he implored the assistance of the Mother of Mercy with tears and sighs, and the most fervent devotion.

Asking Mary to intercede as Advocate does not guarantee that a specific request will be granted, but only that divine assistance will be.