St. Ambrose appeared in the Catholic history, after Constantine the Great liberalized the State policies towards the Christians. It was this Emperor who convened the first Ecumenical councils to codify the Christan laws, and the Elders set the beliefs in a formula known as the Apostles Creed. Later in another Ecumenical Council, at Nicaea, the Nicene Creed was promulgated, which is still used at solemn masses. It contained more detailed statements of belief of Christianity.

Ever since the heroic Bishop Dionysius, in the year 355, had been dragged in chains to his place of exile in the distant East, the ancient chair of St. Barnabas had been occupied by the intruded Cappadocian, Auxentius, an Arian filled with bitter hatred of the Catholic Faith, ignorant of the Latin language, a wily and violent persecutor of his orthodox subjects. To the great relief of the Catholics, the death of the petty tyrant in 374 ended a bondage which had lasted nearly twenty years. The bishops

of the province, dreading the inevitable tumults of a popular election, begged the Emperor Valentinian to appoint a successor by imperial edict; he, however, decided that the election must take place in the usual way. It devolved upon Ambrose, therefore, to maintain order in the city at this perilous juncture. Proceeding to the basilica in which the disunited clergy and people were assembled, he began a conciliatory discourse in the interest of peace and moderation, but was interrupted by a voice (according to Paulinus, the voice of an infant) crying, "Ambrose, Bishop". The cry was instantly repeated by the entire assembly, and Ambrose, to his surprise and dismay, was unanimously pronounced elected. Quite apart from any supernatural intervention, he was the only logical candidate, known to the Catholics as a firm believer in the

Nicene Creed

, unobnoxious to the

Arians

as one who had kept aloof from all theological controversies. The only difficulty was that of forcing the bewildered consular to accept an office for which his previous training nowise fitted him. Strange to say, like so many other believers of that age, from a misguided reverence for the sanctity of baptism, he was still only a catechumen, and by a wise provision of the canons ineligible to the episcopate. That he was sincere in his repugnance to accepting the responsibilities of the sacred office, those only have doubted who have judged a great man by the standard of their own pettiness. Were Ambrose the worldly-minded, ambitious, and scheming individual they choose to paint him, he would have surely sought advancement in the career that lay wide open before him as a man of acknowledged ability and noble blood. It is difficult to believe that he resorted to the questionable expedients mentioned by his biographer as practised by him with a view to undermining his reputation with the populace. At any rate his efforts were unsuccessful. Valentinian, who was proud that his favourable opinion of Ambrose had been so fully ratified by the voice of

clergy

and people, confirmed the election and pronounced severe penalties against all who should

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abet him in his attempt to conceal himself. The Saint finally acquiesced, received baptism

at the hands of a

Catholic

bishop

, and eight day later, 7 December 374, the day on which East and West annually honour his memory, after the necessary preliminary degrees was consecrated bishop.

It was but natural that a prelate so high-minded, so affable, so kind to the poor, so completely devoting his great gifts to the service of Christ and of humanity, should soon win the enthusiastic love of his people. Rarely, if ever, has a Christian bishop been so universally popular, in the best sense of that much abused term, as Ambrose of Milan. This popularity, conjoined with his intrepidity, was the secret of his success in routing enthroned iniquity. The heretical

Empress Justina and her barbarian advisers would many a time fain have silenced him by exile or assassination, but, like

Herod

in the case of the

Baptist

, they "feared the multitude". His heroic struggles against the aggressions of the secular power

have immortalized him as the model and forerunner of future Hildebrands

Beckets

, and other champions of religious liberty. The elder Valentinian died suddenly in 375, the year following the

consecration

of Ambrose, leaving his

Arian

brother

Valens

to scourge the East, and his oldest son, Gratian, to rule the provinces formerly presided over by Ambrosius, with no provision for the government of

Italy

. The army seized the reins and proclaimed emperor the son of Valentinian by his second wife, Justina, a boy four years old. Gratian good-naturally acquiesced, and assigned to his half-brother the sovereignty of

Italy

Illyricum, and Africa. Justina had prudently concealed her

view during the lifetime of her

orthodox

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husband, but now, abetted by a powerful and mainly Gothic faction at court, proclaimed her determination to rear her child in that

heresy

, and once more attempt to

Arianize

the West. This of necessity brought her into direct collision with the

Bishop

of

Milan

, who had guenched the last embers of

Arianism

in his

diocese

. That

heresy

had never been popular among the common people; it owed its artificial vitality to the intrigues of courtiers and sovereigns. As a preliminary to the impending contest, Ambrose, at the request of Gratian, who was about to lead an army to the relief of

Valens

, and wished to have at hand an antidote against Oriental sophistry, wrote his noble work, "De Fide ad Gratianum Augustum", afterwards expanded, and extant in five books. The first passage at arms between Ambrose and the Empress was on the occasion of an episcopal election at

Sirmium

, the capital of Illyricum, and at the time the residence of Justina. Notwithstanding her efforts, Ambrose was successful in securing the election of a

Catholic

bishop

. He followed up this victory by procuring, at the

Council of Aquileia

, (381), over which he presided, the deposition of the only remaining

Arianizing

prelates

of the West,

Palladius

and Secundianus, both Illyrians. The battle royal between Ambrose and the Empress, in the years 385,386, has been graphically described by

Cardinal Newman

in his "Historical Sketches". The question at issue was the surrender of one of the basilicas

to the

Arians

for public worship. Throughout the long struggle Ambrose displayed in an eminent degree all the qualities of a great leader. His intrepidity in the moments of personal danger was equalled only by his admirable moderation; for, at certain critical stages of the drama one word from him would have hurled the Empress and her son from their throne. That word was never

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spoken. An enduring result of this great struggle with despotism was the rapid development during its course of the

ecclesiastical

chant, of which Ambrose laid the foundation. Unable to overcome the fortitude

of the Bishop and the spirit of the people, the court finally desisted from its efforts. Ere long it was forced to call upon Ambrose to exert himself to save the imperilled throne.

When Jesus promised St Peter, that the gates of hell will not prevail against the Church he was building on the Rock, called Simon bar Jona, he really meant it. He has sent defenders and intellectuals to defeat the henchmen of the Evil One. Arianism was one such scourge that was let loose on the Christians. Study the early heretics and how they were immobilized and how God worked in those days. One should not lose heart, when the same henchmen, in a new garb and through a new medium attack. The real attack is against Christ. The same old grudge which separated the Jews into those who followed Him, and those who backed Anas and Caiaphas. If you dig a little, you will discover that nothing has changed in this old animosity. There are good people even among those who belong to the race of Jesus, and who do not like what their fellowmen do. 2000 years ago, they were the silent majority. See the way Jesus behaved to those who were weak, and those who could not resist sin. He forgave them, and healed them. Today's mobs want blood. But even those with sin, can blatantly throw stones to kill.......Like those before them, they too will face the fate as those 2000 years ago.