Ingredients

	Quantity:	Measure:	Ingredients:	Descrip
	1	Large	Pompfret - White	Clean, a
5-6		Large	Chillies Kashmir	Rechand Masa
1		Stalks	Cinnamon (Dalchini)	Rechand Masa
1		Teaspoon	Cloves (Lavang)	Rechand Masa
1		Teaspoon	Pepper Corns	Rechand Masa
1		Tablespoon	Ginger Garlic Paste	Rechand Masa
		As Required	Goan Toddy Vinegar	Rechand Masa
1		Teaspoon	Jeera (Cumin Seeds)	Rechand Masa
		As Required	Cooking Oil	for frying
2		Medium	Onions	chopped
2		Medium	Tomatoes	chopped
1		Teaspoon	Lime Juice	for marinade
		As Required	Salt	for marinade
1		Teaspoon	Turmeric Powder	for marinade

Method

- 1. Blend all the ingredients for rechad masala.
- 2. While the mixture is being ground, add spoonfuls of Goan toddy. The mixture should be thick.
 - 3. Take oil in a deep frying pani and fry the ground masala.
- 4. Add chopped onions and tomatoes to the mixture and fry the mixture till the onions and deep brown, and fully fried.

- 5. Marinade pomfret in lime juice, salt and haldi.
- 6. Stuff the fried masala into the stomach of the pomfret, slitting it with a knife and fry it on low flame.
 - 7. Spread some left-over rechad masala and serve.