

Muffins - Rice Flour

Written by Friends' Contribution



Ingredients

Quantity:

400

Measure:

Grammes

Ingredients:

Flour, Rice

Description:

Of raw rice

As Required

Salt

To taste

Method

Sift the flour in a deep thali. Pour some salt to taste into a little hot water, and knead it to a dry dough.

Divide the dough into equal parts and form balls. Place a clean plantain leaf on kitchen table, and press the ball to form a thick bhakar. (a chapatti).

These muffins as they are called, should be sufficiently thin. Place them on a hot tawa, and roast them for ten both sides. Let them be crisp.