-	rec	-	nto
	!! (⊐(:	п⊢	1115
		\cdots	1110

Quantity Measure Ingredients Description

Method

This is the basic spice mix for making Balti masala paste. It can also be used dry, while cooking.

Roast, cool and grind the whole spices. Mix with the ground ones, and store tightly covered (a recycled spice bottle is ideal).

Use as required for vegetables.