## Ingredients

Quantity	Measure	Ingredients
100	Grammes	Chillies, Red Dry
100	Grammes	Coriander/Dhania
25	Grammes	Pepper Corns
25	Grammes	Dhal, Chana (Kabuli chana)
25	Grammes	Dhal, Tur
20	Grammes	Turmeric/Haldi

## Method:

Dry the ingredients in the sun, or lightly toss on a hot  $\underline{\text{thawa}}$ , and cool them and grind into powder.

Use: for vegetables

Add coconut ground, or its juice. Make a seasoning of sliced onions and mustard seeds.