

Ingredients

Quantity	Measure	Ingredients	Description
3	Nos	Carrots	scrape and m
3	Medium	Chillies, Green	remove stem
1/2	Inch	Ginger	scrape and m
1 to 2	Teaspoon	Lime Juice	mix
2	Medium	Onions	peel and min
1/2	Teaspoon	Salt	for taste

Method

Take all the above ingredients, and after cleaning them and washing them use a food processor and mince them, or mince with hand.

Blend well, and put in the refrigerator. Top it up with salad oil, or salad dressing.