

### Ingredients

	Quantity:	Measure:	Ingredients:	Description:
	1	Stalks	Basil - fresh	
1		Teacup	Beef - Soup Stock	
4		Nos	Carrots	
3		Stalks	Celery	
1		Handfuls	Coriander Leaves (Kothmeer)	
1		Pound	Hamburger	
1		Teacup	Noodles	
1		Large	Onions	
1		Handfuls	Parsley	
2		Teaspoon	Pepper Powder	
20		Ounce	Tomato Puree	
1		Can	Tomato Soup	
2		Teacup	Water	

### Method

Brown hamburger and onions. Drain very well. Put all above ingredients into pot and simmer for two hours. This dish also freezes very well.

If you have a recipe that you would like to share with our users send it to [tips@myfamilyinc.com](mailto:tips@myfamilyinc.com)\* with the word "recipes" in the subject line. Please include your first name and hometown.