

Ingredients

	Quantity:	Measure:	Ingredients:	Description:
	2	Teacup	Curds	chilled
1		Tablespoon	Sugar, White	
1/2		Teaspoon	Cardamom Powder	
8		Grams	Kesar (Saffron)	
2		Drops	Vanilla Essence	
1/2		Teacup	Ice Cubes	crushed
1		Teaspoon	Milk	hot.

Method

- # Soak saffron in 1 tsp. and rub till dissolved.
- # Mix sugar in curds till well dissolved.
- # Just before serving combine all ingredients.
- # Whip well with a hand or electric beater.
- # The lassi is ready when it is light and frothy.
- # Serve well chilled.