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Quantity Measure Ingredients Description

Method

Clean the fish and cut into small pieces.

In a pan pour coconut oil.

Add green chili, ginger, onion leeks cut in pieces and sauté nicely.

Now add red chili powder, turmeric powder, coriander powder, fenugreek powder and sauté.

Add salt, water, coccum and curry leaves as required. When the gravy boils, add the fish pieces. When cooked, remove from fire.