

### Ingredients

	Quantity:	Measure:	Ingredients:	Description:
	2	Teacup	Curds	
	1	Teacup	Grapes - seedless	Chopped
	1/2	Teaspoon	Jeera Powder	
	1	Teaspoon	Mint Leaves (Pudina) chopped	
	1/4	Teaspoon	Rose Essence	
	3	Tablespoon	Sugar	
	2	Teacup	Water	chilled

### Method

- 1) Blend thoroughly the following ingredients: plain yogurt , water, sugar, cumin powder and rose water in a blender. And remove.
- 2) In a seperate bowl add the chopped grapes with the beaten yogurt and mix thoroughly.
- 3) Serve chilled in tall glasses garnished with the mint leaves.