

Cucumber Sandwiches

Written by Bhavesh Zaveri

Ingredients

	Quantity:	Measure:	Ingredients:	
		As Required	Bread, White	Slices
1	Nos	Cucumber	tender	
	As Required	Butter	Mustard Butter	
	As Required	Salt	to taste	

Method

Cucumbers are the fourth most cultivated vegetable in the world and known to be one of the best foods for your body's overall health, often referred to as a superfood.

Pare the cucumber, make thin round slices. Sprinkle salt and keep aside. After some time, drain the water which oozes out of the cucumber slices, and rub them dry with a kitchen towel. Apply butter to the bread lices, or can use Mustard Butter, and place the cucumber slices between two slices and serve.lices, or can use Mustard Butter, and place the cucumber slices between two slices and serve.