

Ingredients

Quantity

Measure

Ingredients

Description

Method

Prepare sugar syrup by mixing the sugar in water and heating it in a sauce pan, on fire. When the sugar has melted, add the ghee.

After 10 minutes, start to sprinkle small amounts of gram flour on the mixture and a little cardamom powder at a time and stir it all the time.

When all gram flour has been put and when bubbles start to form, put the mixture on a greased plate, and cut immediately.

Allow to cool.