

## Green Mango Sherbet

Written by Mother's Touch

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### Ingredients

Quantity:	Measure:	Ingredients:	Description:
4	Medium	Mango - Raw	Boiled.
	As Required	Sugar	Can use Salt, or
1/4	Teaspoon	Cardamom Powder	
1	Teaspoon	Jeera Powder	

### Method

Remove the seed and blend the pulp in a blender, and add the other powders. Add sufficient water and boil the mixture. Allow it to cool and then strain the contents and place them in the refrigerator and serve it cold. If you prefer, you can make a concentrate of the beverage, and store it and add cold water and honey, or sugar before serving.