

Ingredients

Quantity:	Measure:	Ingredients:	Description:	
2	Teacup	Curds	fresh pla	
1	Medium	Chillies Green	finely chopped	
1	Teaspoon	Ginger	grated	
1/4	Teaspoon	Jeera Powder		
1	Medium	Onion	white, finely cho	
1	Stalks	Curry Leaves	finely chopped	
1	Teaspoon	Coriander Leaves (Kot	Coriander Leaves (Kothme @r) ely chopped	
6	Teacup	Water	chilled	
	Little	Salt	to taste	

Method

Beat curds with hand whipper till smooth.

Add water, churn well till mixed.

Place ginger in a muslin cloth, hold it like a pouch.

Rub into buttermilk to allow ginger juice to blend into it.

Buttermilk - spicy

Written by Mother's Touch

Add salt. Break chilli into two halves.

Add all the ingredients in the buttermilk

Add coriander leaves, stir to mix everything.

Pour into a large ceramic, glass or earthen pot or jug.

Chill for one or two hours till required.

Serve in tall chilled glass or with icecubes after a summer lunch.

Or serve in deep bowls, for rice to be added, and eaten as a cool rice dish.