

# I am the Living Bread

Written by W.J.Pais

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When Jesus was on earth, he told his disciples, in the same words of this hymn, that unless one eats his body and drinks his blood they will not have his life in them. The disciples found this teaching absurd, and they left him. He then turned to his apostles and asked if they too wanted to leave, and St. Peter said: "To who shall we go. You have the words of eternal life." Catholics world over celebrate today the Feast of **Corpus Christi**, - The Body of Christ. They re-confirm their faith with St. Peter.

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Chorus:

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**I am the Living Bread that came from Heaven  
And all who eat it, will live for ever,  
The Bread that I will give, will be my own flesh  
And I will offer it to give you Life.**

1. If you reject this flesh, or fail to drink my blood

I tell you solemnly, there'll be no life in you

If you do trust in me, and do as I command

You'll have eternal life and live in me.....Chorus

2. My flesh is food indeed, my blood is real drink

He who does what I say, will find real life in him,

My Father gives me life, when I do live in Him,

That same life you will get, taking this Bread.....Chorus

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3. This is my Sacrament, which feeds my people

I give them holiness and give them life divine

So that they'll all be one, united in my love

I'll lead them with my hand, to share my life.....Chorus

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