

Ingredients

Quantity	Measure	Ingredients	Description
1	Teaspoon	Baking Powder	
1	Nos	Eggs	
0	Little	Kewra Essence	
1	Liter	Milk	for Ras
1	Teacup	Milk Powder	
0	Little	Pista	slivered into
1	Teacup	Sugar	for Ras

Method

Beat egg with baking powder. And add to milk powder and knead. If too moist, add a little more milk powder.

Make about 16 balls. Flatten, and keep aside.

Boil milk in a broad and shallow pan like a Chinese Wok. Reduce it to half the quantity. Add sugar and stir till dissolved. Add the Malai balls, rill they rise to the top. Add kewra essence and Pista. Serve hot or cold.